



Featherstone Academy

The Avenue
Featherstone
Staffordshire
WV10 7AS

03/10/19

Headteacher: Caroline Jobling

Dear Parents

Tel: 01902 734167

Email: office@featherstoneacademy.co.uk

Website: www.featherstoneacademy.co.uk

Project GIVE will be attending school to speak to years 4, 5 & 6 about periods on Monday 7th October.

Project GIVE is an initiative launched by education community interest company Inspiring Healthy Choices to reduce the stigma surrounding periods and prepare young people for puberty.

They deliver this information in age appropriate educational workshops developed by the co-founder of the company Kelly Walker-Reed, a practicing nurse and Lucy Palin, a trainee teacher.

During the session students will gain information about the entire menstrual cycle and prepare them for when periods start, they will encourage students to speak more freely about their own body and help them to understand that periods are not embarrassing, normal and worth talking about.

Project GIVE are an inclusive company and do not segregate pupils by gender, they see it equally important that boys learn about menstrual cycles too to go some way to reduce stigma.

We hope that you can continue this message at home with your children by asking them what they learned; this will show them again that it is a normal conversation.

This workshop will be delivered to all children. However, if you **would not** like your child to participate in the workshop you can choose to opt out. Please return the slip below if this is your choice.

Yours sincerely,

Mrs Jackson
Deputy Head

PROJECT GIVE ASSEMBLY – YEAR 4, 5 & 6

Child's Name: _____ Class: _____

I DO NOT WISH MY CHILD TO TAKE PART IN THE PROJECT GIVE ASSEMBLY (Monday 7th October).

Signed: _____ (person with parental responsibility)

